

**17th International Conference
DAYS OF APPLIED PSYCHOLOGY 2021
Psychology in the function of the well-being
of the individual and society
Niš, Serbia, September 24th-25th 2021**

**BOOK OF ABSTRACTS
KNJIGA SAŽETAKA**



Дани
Примењене
Психологије



Days
of Applied
Psychology

DAYS OF APPLIED PSYCHOLOGY



<https://doi.org/10.46630/awb.2021>

**University of Niš, Faculty of Philosophy
Department of Psychology**

**17th International Conference
DAYS OF APPLIED PSYCHOLOGY 2021**

Psychology in the function of the well-being of the individual and society

Faculty of Philosophy, Niš

BOOK OF ABSTRACTS



Niš, Serbia, September 24th-25th 2021

Conference Program Committee

Ivana Janković, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia – Chairman of the Program committee

Miljana Spasić Šnele, PhD, Teaching Assistant, Psychology Department, Faculty of Philosophy, University of Niš, Serbia – Secretary of the Program committee

Nikola Ćirović, Junior Research Assistant, Psychology Department, Faculty of Philosophy, University of Niš, Serbia - Secretary Assistant of the Program committee

Jelena Opsenica Kostić, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Bojana Dimitrijević, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Jelisaveta Todorović, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Ljubiša Zlatanović, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Marina Hadži Pešić, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Tatjana Stefanović Stanojević, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Miodrag Milenović, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Nebojša Milićević, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Miroslav Komlenić, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Kristina Randelović, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Milica Mitrović, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Niš, Serbia

Tamara Džamonja Ignjatović, PhD, Full Professor, Psychology Department, Faculty of Philosophy, University of Belgrade, Serbia

Zorana Jolić Mojsilović, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Belgrade, Serbia

Biljana Stanković, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Belgrade, Serbia

Veljko Jovanović, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Novi Sad, Serbia

Jelena Starčević, PhD, Associate Professor, Department of Social Sciences and Humanities, Faculty of Education, University of Kragujevac, Serbia

Milena Belić, PhD, Teaching Assistant, Psychology, Philosophical Sciences Department, State University of Novi Pazar, Serbia

Zvezdan Penezić, PhD, Full Professor, Psychology Department, University of Zadar, Croatia

Aleksandra Hadžić, PhD, Associate Professor, Psychology, Faculty of Philosophy, University of Banja Luka, Bosnia and Herzegovina

Gorjana Vujović, PhD, Associate Professor, Psychology Department, Faculty of Philosophy, University of Eastern Sarajevo, Bosnia and Herzegovina

Maja Parmač Kovačić, PhD, Assistant Professor, Psychology Department, Faculty of Philosophy, University of Zagreb, Croatia

Darja Kobal Grum, PhD, Full professor, Department of psychology, Faculty of Philosophy, University of Ljubljana, Slovenia

José Luis González-Castro, PhD, Associate professor, Department of Educational Science, Faculty of Education, University of Burgos, Spain

Irina Loginova, PhD, Associate professor, Department of clinical psychology and psychotherapy with postgraduate course of the Professor V.F. Voyno-Yasenetsky Krasnoyarsk State Medical University, Krasnoyarsk, Russia

Kamellia Hancheva, PhD, Assistant professor, Department of General, Experimental and Developmental Psychology, University St. Kliment Ohridski, Sofia, Bulgaria

Rocco Servidio, PhD, assistant professor, Department of Cultures, Education and Society, University of Calabria, Italy

Diana Asenova Hristova, PhD, assistant professor, Department of General, Experimental and Developmental Psychology, University St. Kliment Ohridski, Sofia, Bulgaria

Lucia Monacis, PhD, Researcher, General Psychology, Department of Humanities, University of Foggia, Italy

Samuel Honório, PhD, Full-time teacher and Researcher, Department of Sports and Physical Activity, Polytechnic Institute of Castelo Branco, SHERU – Sport, Health and Exercise Research Unit, Castelo Branco, Portugal

Andrej Mentel, PhD, Researcher Assistant, Institute of Social Anthropology, Faculty of Social and Economic Sciences Comenius University in Bratislava, Slovak Republic

< .001) and that interpersonal relationships at work variable is partly mediating effects of physical characteristics of work environment on the burnout intensity (estimated indirect effect = $-.293$, $SE = .064$, bootstrapped 95% CI = $-.432$ to $-.188$). The results show the importance of taking care of both, interpersonal relationships and workplace conditions in preventing burnout.

Keywords: physical work environment; interpersonal relationships; burnout syndrome; mediation

RESILIENCE CAPACITY IN SCHOOL-AGED CHILDREN

*Branislava Popović-Čitić**, *Lidija Bukvić Branković**, *Marija Nešić**, *Marina Kovačević-Lepojević***
*Faculty of Special Education and Rehabilitation, University of Belgrade**;
*Institute for Educational Research**, Serbia*

Resilience, as the capacity of a dynamic system to adapt successfully to challenges that threaten the function, survival, or development of the system, is one of prominent protective processes relevant for positive youth development and problem behavior prevention. In order to explore the resilience capacity of school-aged children, a research was set up with the main aim of assessing the resources available to individuals that may bolster their resilience. Research was conducted during June 2019, on a convenience sample of 298 students of the first and second grade of four Belgrade high schools (49.7% girls; $M_{age} = 15.6$, $SD = 0.3$). Data were collected using the Child and Youth Resilience Measure – CYRM-28 with a five-point response scale, $\alpha = .90$ (Ungar, 2016) comprising three subscales: individual capacities/resources ($\alpha = .81$), relationships with primary caregivers ($\alpha = .81$) and contextual factors that facilitate a sense of belonging ($\alpha = .80$). Results show that students gain a total

average score of $M = 116.06$, $SD = 14.99$ (min = 48, max = 140), with no significant gender differences in the sample ($t(296) = 0.74$, $p > .05$). Following the guidelines of the authors of the instrument, by using T scores, low, moderate, high and exceptional resilience capacity categories of students were made. Based on the results, 13.1% of the sample has low resilience capacity, 32.2% moderate, 40.6% high and 14.1% exceptional. Descriptive analysis shows that, when it comes to three components of the resilience capacity measure, students have somewhat higher relationship ($M = 4.34$, $SD = 0.68$) and individual resilience capacity ($M = 4.31$, $SD = 0.53$) than contextual capacity for resilience ($M = 3.85$, $SD = 0.71$). Research findings indicate that the resilience measure can be used for mapping those students with low resilience capacity and that overall interventions for building resilience should primary include raising contextual resources.

Keywords: resilience; resilience capacity; adolescents; school

INJUNCTIONS, SELF-CRITICISM AND SELF REASSURING AS PREDICTORS OF RESILIENCE

Katarina Stevanović, Kristina Manasijević, Marija Todosijević
Faculty of Philosophy Niš, University of Niš, Serbia

The goal of this research is to explore the role of injunctions, self-criticism, and self-reassuring in prediction of resilience, a dynamic process of positive adaptation in context of important adversities. The sample ($N = 200$) consists of students from different universities in Republic of Serbia, of age 19 to 36 ($M = 22.85$, $SD = 2.73$), 132 female and 68 males. The questionnaire was comprised of three psychological instruments: Script Injunctions Scale, The Forms of Self – Criticizing/Attacking & Self Reassuring Scale and Connor-Davidson Resilience Scale, and a set of questions about socio-demographic characteristics of respondents. Hierarchical regression analysis has been conducted.

DAYS OF APPLIED PSYCHOLOGY
Psychology in the Function of the Well-being
of the Individual and Society

Book of Abstract

Publisher

Faculty of Philosophy, University of Niš

For the publisher

Natalija Jovanović, PhD, Full Professor,
Dean of the Faculty of Philosophy, University of Niš

The Faculty of Philosophy Publishing Unit Editor-in-chief

Dušan Stamenković, PhD, Associate Professor

Editors

Ivana Janković, PhD, Assistant Professor,
University of Niš, Faculty of Philosophy, Department of Psychology, Serbia

Miljana Spasić Šnele, PhD, Teaching Assistant,
University of Niš, Faculty of Philosophy, Department of Psychology, Serbia

Production

Faculty of Philosophy Niš

Copies

50 CDs

Cover design

Darko Jovanović

Prepress

Milan D. Randelović

ISBN 978-86-7379-573-7

CIP - Каталогизacija y publikaciji
Народна библиотека Србије, Београд

159.9(048)(0.034.2)

INTERNATIONAL Conference Days of Applied Psychology (17 ; 2021 ; Niš)
Psychology in the function of the well-being of the individual and society [Elektronski izvor] : book of abstracts / 17th International Conference Days of Applied Psychology 2021, Niš, Serbia, September 24th-25th 2021. ; [organised by] University of Niš, Faculty of Philosophy, Department of Psychology ; [editors Ivana Janković, Miljana Spasić Šnele]. - Niš : Faculty of Philosophy, University, 2021 (Niš : Faculty of Philosophy). - 1 elektronski optički disk (CD-ROM) ; 12 cm

Sistemski zahtevi : Nisu navedeni. - Nasl. sa naslovne strane dokumenta. - Tiraž 50. - Napomene uz apstrakte.

ISBN 978-86-7379-573-7

a) Примењена психологија -- Апстракти

COBISS.SR-ID 46523657

